

FLORIDA INTERCOLLEGIATE ROWING ASSOCIATION

2010 STATE CHAMPIONSHIPS

April 9,10 - ~1750m at Cooper Creek, Benderson Park Sarasota

FIRA Championships will again be held on the Cooper Creek venue at the Benderson Park in Sarasota. As a reminder, county ordinances mandate that there be ***NO ALCOHOL ON THE PREMISES***. Also, there are ***NO PETS ALLOWED*** other than personal guide assistant dogs. Please instruct your crews and alumni booster associations accordingly.

HEATS: Heats will be **FRIDAY afternoon, April 9** starting at approximately 3:00pm with 15 minute centers finishing no later than 4:00pm (depending on the total number of heats needed). **NOTE:** A seven lane final may be run when possible to avoid heats. "B" entries cannot cause heats. **FINAL HEATS SCHEDULE WILL BE POSTED ON THE WEB. ABOVE TIMES ARE PRELIMINARY.**

COACHES AND COXSWAINS MEETINGS: All coaches and coxswains must attend the C&C meeting. **Friday:** There will be a coach and coxswain meeting before the Friday heats starting approx 45 minutes before the first heat. Final time for C&C meeting will be posted once the heats schedule is resolved. Refer to the course map for correct traffic pattern which can be found (<http://tinyurl.com/ybju7w7>). **PLEASE REVIEW THIS COURSE MAP WITH YOUR COXSWAINS** (refer to "Launching and Traffic Pattern" below). All blind boats are **STRONGLY ENCOURAGED** to attend the coach and coxswain meeting to get familiar with the traffic pattern at this new venue.

REGATTA TIME will be displayed at the headquarters tent.

LIGHTWEIGHT WEIGH-INS: Friday at 3:00pm. Saturday from 7:00am – 9:00am. Athletes will weigh-in with racing attire with a one-pound allowance.

ELIGIBILITY: It is necessary to have your athletes or legal guardian sign the waiver. Waivers can be sent to the FIRA Regatta Registrar (see below) or turned in at the headquarters tent on Friday. The FIRA eligibility roster listing athletes and their racing status on race day must also be submitted prior to gaining access to the course. A school administrator outside the rowing organization must sign off submitted team rosters.

Outstanding membership dues, additional entry fees, boating forms, waivers and scratch fees should be submitted to the headquarters on Friday afternoon, before the heats begin. An on site secretary will be responsible for receiving forms and proper assessment and collection of scratch fees and penalty fees prior to the offending institution(s) launching its first entered event. See additional FIRA eligibility information below and on the FIRA website.

ENTRY PROCEDURES: Information will be distributed via the FIRA list server (fira@lists.fit.edu). If you are not on the mailing list email the registrar below.

Registrar:

John Corelli
Home: 321-752-5328
Mobile: 321-917-0149
3303 Burkeland Place.
Melbourne, FL 32934
e-mail: jcorelli@earthlink.net (home)
johnc@aeronix.com (work)

All entries, scratches and inquiries are to be sent to the above email addresses. No Fax or phone entries will be accepted. Entries and scratches will only be accepted from the HEAD COACH or COACHING STAFF from

each particular institution. No entries will be accepted from club presidents, board members or other non-coaching individuals.

The following is the timetable to be used for processing and posting entries, scratches and lane assignments.

FIRA Regatta Entry/Posting Timetable (BASED ON April 9,10 REGATTA DATE)

Entries Due	March 26, Friday – 5:00pm	To: John Corelli (see above for contact information)
Initial Entries Posted	March 29, Monday – 9:00am	By: John Corelli
Scratch Deadline	April 3, Saturday – 5:00pm	To: John Corelli
Penalties may be imposed after the 5:00pm scratch deadline.		
Final Entries Posted	April 3, Saturday – 9:00pm	By: John Corelli
Seeding shall be done for Varsity Eights and Varsity Fours events. Seedings will be completed by the seeding committee chaired by the FIRA VP (Adam Thorstad athorsta@fit.edu) Any optional seeding information for consideration should be sent to Adam no later than April 5 . Aside from that, seeding will be based on available results that are posted on the usual outlets.		
Lane Assignments posted	April 6, Tuesday – 9:00pm	By: John Corelli

ENTRY FEES:

For FIRA member programs: FIRA members receive 4 entries to the annual regatta upon payment of their \$200 annual dues. All entries beyond the allotted four shall be assessed \$35 per boat, with a fee cap of \$210 for the sum of the additional entries.

For non-FIRA schools (including guest institutions):

Eights - \$100 Fours - \$40 Pairs \$35 Fee Cap for visitors: \$500 men/\$500 women (total fee cap \$1000)
Make checks payable to FIRA.

SCRATCHES: Scratches after the Saturday deadline will incur a penalty of \$50 per boat. Penalties must be paid before any boat can race. Scratches accepted before race day only in writing by e-mail or standard mail. There is no fax available. You must receive a confirmation for your scratch to be accepted.

A member institution can request an addition if it does not cause heats.

Guest institutions *can* cause heats.

Acceptance is at the Executive board's discretion.

If accepted, the add will be assigned to the first lane available after all correct entries are assigned lanes, (even if the add is 5 minutes after the entry deadline, and lanes have not even been assigned).

Acceptance can be conditional, that is, the requesting institution can be put on hold pending any scratches.

If scratches open up lanes, and do not eliminate heats, the addition can be allowed. Conditional add would be resolved at scratch deadline either way.

E-MAIL ENTRIES AND SCRATCHES TO: John Corelli (see above contact information)

SEEDING INFORMATION: No seeding forms will be submitted. All seeding will be done by a committee chaired by the FIRA

VP. Relevant seeding information can sent to athorsta@fit.edu but is not required. Posted results made available from the usual online outlets will be used for seeding.

REGATTA DIRECTOR: Shannon Ridgeway
(hm) 352-331-5287
(e-mail) scer@ufl.edu (home)
scr@cimar.me.ufl.edu (work)

REGATTA INFORMATION: Martyn Dennis, Course Director
(wk) 407-628-6460
(hm) 407-645-1404
(cell) 407-694-5214
(e-mail) RowFL@aol.com

VOLUNTEERS: Since this is an association event, there is still a real need for volunteers on race day. Specifically, each FIRA School will be expected to provide two volunteers, such as a launch driver ready to organize a motorboat and ready to go 30 minutes before the first race. These drivers will drive for the first 1-2 hours after which we will solicit replacements when necessary. Also, there will be a need for people to assist at the finish line and man the six stake boats. Please encourage your alumni to attend and lend their assistance as well. FIRA schools will be contacted for your specific responsibilities.

DIRECTIONS: The Cooper Creek venue can be viewed from the following tinyurl link: <http://tinyurl.com/b7mrs3>. You can use the available on-line tools to generate a complete list of directions to the race course from your home town.

PARKING: Parking information and details are will be distributed via the FIRA list server a week prior to the race.

LAUNCHING & TRAFFIC PATTERN: Specifics regarding launching and traffic patterns will be distributed a week prior to the race via the FIRA list server. For a traffic pattern map, refer to: <http://tinyurl.com/ybju7w7>. Note: The referenced link is a layout for the high school races. Docks for FIRA will be in a different location. However, boat trailer parking, tent setup and general spectator locations will be similar to those shown.

PRACTICE: The racecourse will be open for practice by 1:00pm on Friday. If heats are necessary, any crews not racing may practice in the designated area away from the course following the specified traffic pattern. All crews must be off the water by 6:45pm. Any practice on Saturday must be completed 30 minutes prior to the first race. Any crew violating practice procedures will be assessed a \$100 fine. The practice and lane closure schedule will be posted at the launching docks (dock master will also have practice and lane closure schedule available).

AWARDS: Medals to first, second and third place crews, per the following table:

Number of boats in event	Medals Awarded
6 or more	Gold, Silver, Bronze
4 or 5	Gold, Silver
3 or less	Gold only

Crews that actually race, not including scratches, determine numbers of crews racing. Awards will begin to be presented 30 minutes following the last event. Points and trophies pertain only to FIRA schools. **Schools that won trophies last year should polish them and bring them to the regatta headquarters early in the day.**

POINTS:

	1 st Place Points	# Boats in Event	Percentage of 1 st				
			2 nd	3 rd	4 th	5 th	6 th
Varsity 8	30	2	20%				
Varsity Lt 8, JV 8	25	3	40%	20%			
All Frosh/Nov 8's	20	4	60%	30%	5%		
All 4's	15	5	80%	40%	10%	5%	
Pairs	10	6	80%	40%	20%	10%	5%

Note: It takes two boats to make a race. No rowovers. In the case of multiple entries from a single institution (i.e. A, B and C boats), the crew finishing the highest will receive the points for that event.

BETTING/TRADING SHIRTS: As of FIRA 2006 fall meeting, shirt betting is required by all programs. All teams are **strongly** encouraged to exchange shirts in-person on race day. All shirt betting applies to FIRA and non-FIRA institutions. Future regatta invitations will be extended to those who participate. Non-FIRA colleges are eligible to win shirts.

FIRA ELIGIBILITY RULES: As a reminder, here are some important eligibility rules to follow.

- Varsity Sport: NCAA rules governing eligibility
- Club Sports and Non-NCAA Varsity Programs: Dad Vail governing eligibility
- Participants may row in more than one event.
- Any Varsity participant cannot row in any Junior Varsity event, regardless of the size of the boat.
- *** Only one Varsity entry per institution will be accepted in each event**
- Lightweights: Dad Vail weights for men and women are employed for FIRA Championships.
- Only FIRA member institutions can receive permanent trophies established for an event.
- The collegiate winner of an event, regardless of FIRA affiliation, is declared state champion and receives medals for that event.
- The top placing boats in an event earns the points for the place it finishes, regardless of "A" or "B" designation, making any subsequent institutional entries ineligible for points in that event.
- An experienced rower or coxswain cannot come back the following year or any year thereafter and participate as a novice coxswain.
- A coxswain shall be permitted to become a novice rower.

WV8 EXHIB EVENT

Note that event #3 on Saturday is the W 1st 8 for non-athletically scholarship schools only. Event #4 WV8 is open to all schools. Schools can only enter one event or the other. This event will be run as an exhibition. Note that entry to the W1st 8 is contingent on university verification with regards to scholarship status. The winner of the WV8 Exhib event will be required to race up in the championship event the following year.

RULES OF CONDUCT: Instruct your crews on proper sportsmanlike conduct at all times. USRA certified judge-referees will enforce all rules of conduct and sportsmanship and any breach thereof including, but not limited to, event exclusion. Coaches are expected to educate their teams on appropriate on-water behavior.

ACCOMODATIONS (a separate hotel/room block has been sent to the FIRA list and is also attached in this distribution. Contact John Corelli (above) or Shawn Pistor – spistor@rollins.edu - if you are missing the hotel list)

The worksheet below is for your reference only. Please use the electronic entry form that was sent with the race packet.

2010 FIRA STATE CHAMPIONSHIPS (Friday Racing)

1. Heats (if needed) _____
2. Heats (if needed) _____
3. Men’s Frosh/Novice 4 “B” (Finals) _____
4. Women’s Frosh/Novice 4 “B” (Finals) _____

2010 FIRA STATE CHAMPIONSHIPS (Saturday Racing)

1. 8:30 Men’s Varsity 8 _____
2. 8:45 Women’s First 8 (EXHIB – Non-Scholarship Only) _____
3. 9:00 Women’s Varsity 8 _____
4. 9:15 Men’s Junior Varsity 8 _____
5. 9:30 Women’s Junior Varsity 8 _____
6. 9:45 Men’s Frosh/Novice Lightweight 4 _____
7. 10:00 Women’s Frosh/Novice Lightweight 4 _____
8. 10:15 Men’s Lightweight Varsity 8 _____
9. 10:30 Women’s 2x _____
10. 10:40 Women’s Lightweight Varsity 8 _____
11. 10:50 Men’s Pair Without Coxswain _____
12. 11:00 Women’s Pair Without Coxswain _____
13. 11:15 Men’s Frosh/Novice 8 _____
14. 11:30 Women’s Frosh/Novice 8 _____
15. 11:45 Men’s 1x _____

LUNCH

16. 12:30 Women’s 1x _____
17. 12:45 Men’s Junior Varsity 4 _____
18. 12:55 Women’s Junior Varsity 4 _____
19. 1:05 Men’s Frosh/ Novice Lightweight 8 / Men’s Novice 8 “B” _____
20. 1:15 Women’s Frosh/Novice Lightweight 8 _____
21. 1:25 Men’s Lightweight Varsity 4 _____
22. 1:35 Women’s Lightweight Varsity 4 _____

- 23. 1:45 Men's 2x _____
- 24. 1:55 Women's Frosh/Novice 8 "B" * _____
- 25. 2:05 Men's Frosh/Novice 4 _____
- 26. 2:15 Women's Frosh/Novice 4 _____
- 27. 2:30 Men's Varsity 4 "B" _____
- 28. 2:45 Women's Varsity 4 "B" _____
- 29. 3:00 Men's Varsity 4 _____
- 30. 3:15 Women's Varsity 4 _____

* Exhibition event. Medals awarded, no points or trophy. TOTAL ENTRY FEE DUE: _____

ORGANIZATION/CONTACT _____ E-MAIL _____

**FLORIDA INTERCOLLEGIATE ROWING ASSOCIATION
2010 STATE CHAMPIONSHIPS**

COLLEGIATE ATHLETE ELIGIBILITY ROSTER

SCHOOL NAME: _____ DATE: _____

(Please use separate forms for men's and women's crews) MEN/WOMEN _____

I certify that the following individuals are enrolled as students in good standing and meet this institution's academic and athletic eligibility guidelines.

SCHOOL ADMINISTRATOR/POSITION: _____ / _____

CONTACT INFO: (work phone) (_____) _____ E-mail: _____

SUBMITTED BY (Coach): _____

Please provide completed roster to the regatta director at the headquarters tent prior to launching your crews.

<u>Name</u>	<u>FIRA Classification (V, LtV, JV, Fr/Nov)</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____
12. _____	_____
13. _____	_____
14. _____	_____
15. _____	_____

Name

FIRA Classification (V, LtV, JV, Fr/Nov)

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Name

FIRA Classification (V, LtV, JV, Fr/Nov)

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